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Herbalife Nutrition joins with LA Galaxy to inspire positive nutrition habits

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Herbalife Nutrition, a premier global nutrition company whose purpose is to make the world healthier and happier, has joined forces with Americaâ??s Major League Soccer (MLS) team, LA Galaxy, to inspire positive nutrition and fitness habits in Asia. Herbalife Nutrition has been the official nutrition and jersey partner for LA Galaxy since 2007.



As part of the tour, LA Galaxy players conducted a sports nutrition and fitness training session in every city they visited, alongside Dr. Dana Ryan, Director of Sports Performance and Education at Herbalife Nutrition, to equip Herbalife Nutrition members with the understanding to leverage sports nutrition and fitness habits more effectively in their everyday work.

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Held from December 10 to 16, five LA Galaxy players -- Emmanuel Boateng, Daniel Steres, Dave Romney, Baggio Husidic, Jonathan dos Santos -- embarked on a one-week Asia tour, visiting Jakarta, Bali in Indonesia and Tokyo, Yokohama in Japan to take part in various sports nutrition training and community outreach activities organized by Herbalife Nutrition.

"By partnering with LA Galaxy on their recent Asia tour, we were able to leverage each otherâ??s strengths to spread the message of the power of positive nutrition in enabling healthier, happier lives in Indonesia and Japan. Not only did this underscore our mission to improve the nutrition habits of consumers, it also served to advance sports nutrition and education within the sporting communities of both countries," said Stephen Conchie, Senior Vice President and Managing Director, Asia Pacific, Herbalife Nutrition.

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LA Galaxy players also took the opportunity to engage the local sports communities in Indonesia by conducting a series of sports nutrition and coaching clinics for the professional footballers from Indonesiaâ??s U-16, U-23 and PERSIJA Soccer Clubs. A seminar by Dr Dana Ryan and the LA Galaxy coach and dietitians, was also held in partnership with the Sport Faculty of the Universitas Negeri Jakarta to share with university students majoring in sports science the knowledge of maximizing the power of nutrition, to help athletes achieve optimal performances across sporting arenas.

During the tour, LA Galaxy players also took time to meet beneficiaries of Herbalife Nutrition Foundationâ??s Casa Herbalife Program in Indonesia and Japan to engage in casual futsal games with underprivileged children. A total USD29,000 was donated by LA Galaxy to three Casa Herbalife Program beneficiaries the players visited, which will go towards food subsidies, nutrition education and other projects to improve nutrition of the children.