

FDA delays changes to simplify calorie labels

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The deadline had been late July 2018. The postponement was a response to “numerous stakeholders” requesting more time, the regulator said, though it did not say what the new deadline would be.

Deborah Kotz, FDA spokesperson said, “Issues included, among other things, “the need for upgrades to labeling software, getting nutrition information from suppliers, the number of products that would need new labels, and a limited time for the reformulation of products. Developing these types of extensions can take some time, so we want to be as transparent as possible throughout the process.”

The planned nutrition label changes include a more prominent display of calories, more realistic serving sizes, labeling the amount of added sugars and a column showing total calories in the whole package.