

Caraway Tea Company launches Breathe new herbal tea blend

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Caraway Tea Company announced the launch of Breathe, a new herbal tea blend crafted to support respiratory comfort and promote easy breathing. Featuring a thoughtfully balanced combination of mullein leaf, ginger root, liquorice root, peppermint, and natural peppermint oil, Breathe is designed to be both soothing and exceptionally enjoyable.

Mullein leaf has been traditionally used for centuries to support lung and respiratory wellness, particularly during times of seasonal congestion or environmental stress. Caraway Tea Company paired this time-honoured botanical with warming ginger root, naturally sweet liquorice root, and cooling peppermint to create a smooth, refreshing cup that comforts the throat and opens the senses.

"Breathe was developed for people who want a clean, flavorful herbal tea that feels immediately comforting," said a spokesperson for Caraway Tea Company. "We focused on ingredients with long histories of traditional use and combined them in a way that tastes as good as it feels."

Unlike many herbal respiratory blends that can taste overly medicinal, Breathe offers a naturally balanced flavour profile—cool and minty on the first sip, gently warming through the finish. The addition of natural peppermint oil enhances aroma and freshness without overpowering the blend.

Breathe is naturally caffeine-free, made with high-quality botanicals, and suitable for daily enjoyment. It can be enjoyed hot for deep comfort or iced for a refreshing, clearing experience.