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Bare Food Global lunches Meatless Mondays in schools in UAE

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Bare Food Global, a pioneer in promoting health and environmental stewardship, is introducing the Meatless Mondays initiative in 20 schools across the UAE, seven of these in partnership with one of its catering partners, Ben's Farmhouse. This groundbreaking campaign, celebrating its 20th anniversary, is now influencing positive dietary changes in the UAE's education sector.

Tolga Soytekin, Founder & Executive Development Chef at Bare Foods Global, said: "We are excited to bring Meatless Mondays to schools in the UAE. Our collaboration with our catering partner, Ben's Farmhouse, is a significant step towards encouraging healthier eating habits among students and addressing global issues such as food security and resource conservation. This initiative is more than just skipping meat; it's about nurturing a sustainable future."

Benâ??s Farmhouse provides catering to seven schools currently with a range of age groups from kindergarten to secondary & sixth form students. The Meatless Mondays initiative also includes educational components such as guest speakers, nutritional lessons, and discussions on sustainability, further engaging students in the importance of mindful eating.

Ben Tobitt, Founder & Managing Director at Ben's Farmhouse states: "Partnering with Bare Food Global for Meatless Mondays aligns perfectly with our commitment to providing healthy, sustainable food choices. We are proud to be part of a movement that not only benefits the health of our students but also contributes to a more sustainable planet."